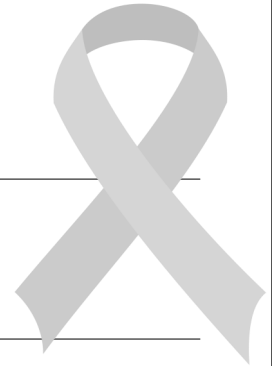


Safe Space

February 2015



TEEN DATING VIOLENCE AWARENESS MONTH

What is Dating Violence?

The month of February is Teen Dating Violence Prevention and Awareness Month. Teen DV Month is a nationwide effort to promote programs which prevent abuse in teen and 20-something relationships and raise awareness about this important issue. Teen Dating Violence has become an all-to-common occurrence, but it is not uncommon for both parents and teens to overlook the dangers and warning signs of it.

Teen Dating Violence is defined as the physical, sexual, psychological, or emotional violence within a dating relationship. It can occur in person or electronically and may occur between a current or former dating partner.

As teens develop emotionally, they are heavily influenced by experiences in their relationships. Healthy relationship behaviors can have a positive

effect on a teen's emotional development. Unhealthy, abusive, or violent relationships can have severe and short and long-term negative effects on a developing teen. They are four to six times more likely to become pregnant than their peers. In one study, they reported lower self-esteem and emotional well-being, more suicidal thoughts and attempts, and were more likely to have eating disorders than adolescents who did not experience dating violence.

Article Contents by:

Sonja Foster, Sexual Assault Support Specialist

and

Traci Nellis, Night Advocate

Sources:

www.montanakidscount.com

www.loveisrespect.org

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SHELTER

24 Hour Crisis Hotline

Emergency Shelter Available Every Night and Day

ADVOCACY

Financial

Legal

Medical/Mental Health

Parenting & Child Care

Employment

Housing

SAFETY

If you feel unsafe in your home, but are not ready to leave, call an advocate to discuss options to keep you safe, how to prepare to leave, and more!

STALKING: KNOW IT. NAME IT. STOP IT.

NATIONAL STALKING AWARENESS MONTH

JANUARY 2015

<http://stalkingawarenessmonth.org>

Stalking resource center
www.VictimsofCrime.org/src

THE NATIONAL CENTER FOR
Victims of Crime
www.VictimsofCrime.org



Facts About Teen Dating Violence

81% of parents believe teen dating violence is not an issue or admit they don't know if it's an issue

One in three teens in the U.S. will experience physical, sexual or emotional abuse by someone they are in a relationship with before they become adults.

1.5 million high school students nationwide experience physical abuse from a dating partner in a single year

Only 33% of teens who were in a violent relationship ever told anyone about the abuse

Girls and young women between the ages of 16 and 24 experience the highest rate of intimate partner violence --almost triple the national average.

72% of eighth and ninth graders are 'dating'

62% of tweens (ages 11-14) surveyed know a friend who has been verbally abused by a boy/girl-friend

36% of tweens surveyed know a friend or peer who has been pressured by a boy/girl-friend into sexual activities they did not want to participate in

69% of teens that have had sex by age 14 report experiencing domestic violence

1 in 10 high school students have been purposefully hit, slapped, or physically hurt by a boy/girl-friend

One quarter of high school girls have been victims of physical or sexual abuse or date rape

Though 82% of parents feel confident they could recognize the signs if their child was experiencing dating abuse, a majority of parents (58%) could not correctly identify all the warning signs of abuse

Only half of all tweens (ages 11-14) know the warning signs of a bad/hurtful relationship

Less than 25% of teens say they have discussed dating violence with their parents

Of the women aged 15-19 murdered each year, 30% are killed by their husbands or boyfriends

100% of teen dating violence victims, regardless of age, gender identity, sexual orientation, race, or ethnicity, are able to contact Safe Space to speak with an advocate about resources, and request an advocate to be with them as they meet with the appropriate reporting agencies.

Signs of Dating Violence.... Are you or someone you know a victim?

Much like other types of domestic violence, teen dating violence generally follows a pattern of behaviors by an abuser, intended to gain power and control over the decisions, behaviors, actions, and communications of another. The following is a progressive list of how the behaviors can begin and escalate. This general model can progress quickly or over long periods of time. The important thing is to recognize the signs at the beginning as unhealthy and abusive, and to reach out to friends, family or advocates for help in understanding the patterns of dating violence and how to escape it when ready.

ANGER/EMOTIONAL ABUSE:

Putting him/her down.
Making him/her feel bad about him/herself.
Name Calling.
Making him/her think they are crazy.

Playing "Mind Games".

Humiliating one another.

Making him/her feel guilty.

USING SOCIAL STATUS:

Treating them like a servant.

Making all the decisions.

Acting like the "master of the castle."

Being the one to define men's and women's roles.

INTIMIDATION:

Making someone afraid by using looks, gestures or actions.

Teen Dating Power & Control

Smashing things.

Destroying Property.

Abusing pets.

Brandishing weapons.

MINIMIZE/DENY/BLAME:

Making light of abuse and not taking concerns about it seriously.

Saying the abuse didn't happen.

Shifting responsibility for abusive behavior.

Saying the victim caused it.

THREATS:

Making and/or carrying out threats to do something to hurt another.

Threatening to leave, commit suicide, report victim to the police.

Making them drop the charges.

Making them do illegal things.

SEXUAL COERCION:

Manipulating or making threats to get sex.

Getting her pregnant.

Threatening to take children away.

Getting someone drunk or drugged to get sex.

ISOLATION/EXCLUSION

Controlling he/she another does.

Controlling who he/she speaks with.

Controlling where he/she other goes.

Limiting outside involvement.

Using jealousy to justify their actions.

PEER PRESSURE:

Threatening to expose someone's weakness or spread rumors.

Telling malicious lies about an individual to peer group.

**Love Should
Never Hurt!**



BIG THANKS TO OUR SUPPORTERS!

Thank you to Vantel Pearl Independent Demonstrator, Lisa White, of Butte, MT for her recent fundraising efforts. Mrs. White worked with the Executive Director to host a unique pearl fundraiser that allowed supporters, staff, and volunteers to contribute to a Pearls for Safety “basket”. The “basket” is actually a lovely jewelry box holding beautiful Akoya pearls jewelry and boutique jewelry items. The Pearls for Safety basket will be auctioned off during the Flock Party dinner on March 21, 2015.

Each attendee helped to contribute to the beautiful jewelry, as did Mrs. White, who donated 100% of her profits back to Safe Space. Mrs. White states, **“The oyster is a metaphor for life. Wouldn’t it be great if we could all be like an oyster and make a beautiful gift out of all life’s challenges. The challenge of escaping violence is started in a dark place, and like the pearl, once a victim escapes, the strength and resilience is found within.”**

Lisa White
Independent Demonstrator
Vantel Pearls
406-533-5187

www.vantelpearls.com/lisawhite

LOVE IS RESPECT WEEK AND WEAR ORANGE DAY!

Love is Respect Week begins Tuesday, February 10, 2015. Safe Space encourages all tweens, teens, and their loved ones to wear orange on this day in honor of Teen Dating Violence Awareness Month. By wearing anything **orange** (shirts, hair ties, hats, nail polish, pants, scarves, face paint, make-up, ribbons, etc.), you are promoting **respect** and **healthy relationships** for teens everywhere!

Share your orange gear on our Facebook page, and tell us who you are wearing orange for.

Listen for Safe Space on the Party Line on Butte’s KBOW 550 AM or 101.5 FM on Monday, February 9, 2015 for more information on how you can identify the signs of dating vio-

lence and how important it is as a community to band together to teach our youth that love has many definitions, but abuse is not one of them.

On Friday, February 13, 2015, don’t forget to ask your student from the East Middle School, Butte High School, Butte Central Junior High School, or Butte High School about the National Respect Announcement:

For more information on Love is Respect Week, Wear Orange Day, or National Respect Announcement, visit www.safespaceonline.org or www.loveisrespect.org. Or text “loveis” to **22522**.

Information about Love Is Respect is brought to you by the National Youth Advisory Board for loveisrespect.

Client Testimonials: Have You Heard?

Suited for Success Client Caseworker:

“Lisa was so professional and kind to [the client] when we came in. The outfits she helped coordinate were great! You’ve got a great gal in there!”

Support Group Attendee:

“Each meeting is so open and non-judgemental.”

Non-Residential Client:

“I am so thankful! I finally got an order of protection after so long. I couldn’t have done it without your staff.”

Volunteers Make It All Possible!

Providing a service that encompasses the emergency and supportive needs of over 70,000 potential victims of domestic and sexual violence in almost 10,000 square miles of Montana is not an easy task. Ensuring that day to day activities, outreach and fundraising efforts, and all advocacy requests are met requires a team of self-less and dedicated persons that share in the responsibilities and desired outcomes for our communities.

Safe Space is staffed 24 hours a day with only 6 trained advocates and an

Executive Director. In order to appropriately respond with the full attention necessary to each victim's needs, Safe Space relies on the time and skills of many types of volunteers.

Each volunteer is able to establish the type of work they want to contribute, the length of time and regularity of their availability, and new ideas that will grow the program's outreach and direct services.

Volunteers coordinate together to provide services and assistance that they are proud of. Safe Space volun-

teers brainstorm new ideas, assess and revise existing techniques, and help to make Safe Space a true community organization.

Safe Space values each volunteers skills, interests, time and dedication. A volunteer who contributes one hour a month is just as important to the success of the program as one who is present every week day!

To request a volunteer application and begin sharing your passions with those experiencing trauma, visit our website or call 406-782-9807.

Committees

Shelter Friends

Teen Dating Violence Awareness Events

Sexual Assault Awareness Events

Flock Party

Holiday Helpers

Domestic Violence Awareness Events

Community Resource Facility

Suited For Success

Crisis Hotline Volunteers

Children Group Activities

Other Ways to Help

Lawn Work

Shoveling Snow

Donation Pick Ups

Donation Sorting

Grant Writing

Flocking (April only)

Hanging up Flyers

Distributing Brochures

Teach Clients New Skills You Have

Internship Opportunities



Volunteers enjoying the fun at the 2013 "Light Up The Night" Fun Run

Photo credit: Sabrina (White) Tauscher

February 2015

Teen Dating Violence Awareness Month



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 LGBT Group	3 Women's SA	4 Women's DV	5 Men's Group Volunteer Meeting	6	7
8	9 Love Is Respect Week LGBT Group	10 Women's SA Wear Orange for Love Is Respect Week today! - Page 4 of Newsletter	11 Women's DV	12 Men's Group Volunteer Meeting	13 National Respect Announcements— Check Facebook and ask your kids!	14
15	16 LGBT Group	17 Women's SA	18 Women's DV	19 Men's Group Board Meeting Volunteer Meeting	20	21
22	23 LGBT Group	24 Women's SA	25 Women's DV	26 Men's Group Volunteer Potluck Social	27 Flamingo Technician Applications Due!	28

Submit your registration by the end of February as a 2015 Flamingo Technician for the month of April AND to become a trained and certified Volunteer Advocate! Registrations are available at www.safespaceonline.org or by calling 406-782-9807.

For information on times and locations of support groups offered by Safe Space (LGBT, Women's SA, Women's DV, and Men's), please contact our office at 406-782-9807 and speak with an advocate.

All listed volunteer meetings are held at Jacobs House at 201 W. Granite (Safe Space's Community Resource Facility) at 5:30 P.M. Specific Committees meet separately based upon committee members availabilities. Contact our Volunteer Coordinator on our office line for details on committee meetings and happenings.

Additional activities may be scheduled after this publishing. Please visit www.safespaceonline.org for the most current information.

A Look Ahead

In 2015, Safe Space will be providing trainings and presentations on all forms of domestic and sexual violence, including stalking and teen dating violence. In addition to this, advocates will also be providing education on Bystander Awareness, Healthy Relationships, and how to become a trained advocate.

Here is a 2015 overview of when trainings and presentations will become available (and will remain available throughout the year after), when committees will begin to meet, and how to access them.

Month	Event/Committee/Training/Presentation First Available
February	Teen Dating Violence Awareness Presentations Love is Respect Week (2/10-2/14) Wear Orange Day(2/10) National Respect Announcement (2/13) Healthy Relationships Presentations
March	Bystander Awareness Presentations Flocking Technician Training (For April Flocking) March 21, 2015—4th Annual Flock Party
April	Sexual Assault Awareness Presentations Flocking Season all month long Flocking Committee
May	Children Witnessing Abuse Presentations Mother's Day Shelter Event 4th of July Parade Float Committee Volunteer Advocate Training (Certificate Provided at Completion)
June	Decorating 4th of July Parade
July	Domestic Violence Awareness Month Committees First Meeting
August	Annual Fall Clean Up
September	Annual Volunteer Welcome Event Flock Party Committee First Meeting
October	Domestic Violence Awareness Month Events: Purple Pinkies Challenge Purple Sock Drive Annual Appreciation Dinner Purple Lights Nights Holiday Committee First Meeting
November	YMCA Holiday Collaboration
December	Holiday Gift and Dinner Deliveries

Who is Who at Safe Space

P. O. Box 594
Butte, MT 59703
Office Phone/Fax: 406-782-9807
Crisis Phone: 406-782-8511
E-mail: safespacebutte@gmail.com



A Domestic Violence & Sexual
Assault Program

Safe Space is Butte's only domestic and sexual violence shelter and program for over 40 years. Safe Space staff receive ongoing training in domestic violence, sexual assault, stalking, dating violence, healthy relationships, case management, bystander awareness, agency collaboration, and more! Safe Space is staffed by these knowledgeable advocates 24/7, including holidays.

The staff at Safe Space is supported, guided, and led by a Board of Directors who donate their talents, skills, and time. Without their expertise and generosity, the outreach and advocacy provided by the staff would be unattainable.

Safe Space Staff:

Executive Director:

Sabrina Tauscher

Shelter Manager:

Rachel Cotton

Sexual Assault Specialist:

Sonja Foster

Volunteer Coordinator:

Announcing on February 10, 2015

Night Advocate:

Traci Nellis

Weekend Advocate:

Brenda Beardslee

Suited for Success Program Director

Lisa Warren

Safe Space Board of Directors

Board President:

Dan Murphy

Board Vice-President:

Dan Thompson

Board Secretary:

Eileen Joyce

Board Voting Members:

Gretchen Gellar

Bob Whelan

Elyse Lovell

Frank Butori

Dan Steele

Sara Sparks

Sheriff Ed Lester